

Tikrit University

College of Education

English Department

Class:2<sup>nd</sup>



### **Select Readings**

Lecture Title: When to Use Female Nouns

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# **A Negative Attitude Affects Your Career**

Your Negative Attitude Can Hurt Your Career

## **Introduction**

Your attitude is the way you think and behave toward study, work, and other people. It is very important for your future. Even if you are smart and skilled, a negative attitude can stop you from succeeding. This article explains in a very simple way how a negative attitude can hurt your career, especially for undergraduate students.

## **What Is a Negative Attitude?**

A negative attitude means thinking and acting in an unhappy or unhelpful way. People with a negative attitude often complain, feel bored, blame others, and refuse advice. For example, a student who always says, “This subject is too difficult” or “The teacher hates me” shows a negative attitude.

Negative attitudes make learning and working harder. Instead of trying to improve, the person focuses only on problems.

## **Why Do Students Develop a Negative Attitude?**

Students may develop a negative attitude for many reasons. Stress, exams, fear of failure, or too much homework can make students feel tired and frustrated. Sometimes students compare themselves with others and feel they are not good enough.

Also, if a student always hears negative comments from friends or family, this can affect their thinking. Slowly, negativity becomes a habit.

How a Negative Attitude Affects Study Life

A negative attitude can seriously affect a student's academic life. Students with negative attitudes often do not participate in class, do not finish assignments on time, and do not listen to their teachers.

Teachers may think these students are lazy or not interested, even if this is not true. This can affect grades, feedback, and future opportunities such as recommendations or scholarships.

## **How a Negative Attitude Affects Your Career**

In the workplace, attitude is very important. Employers want workers who are positive, respectful, and cooperative. A person with a negative attitude may complain a lot or refuse to work with others.

Because of this, managers may not trust them with important tasks. Even if they are good at their job, their negative behavior can stop them from getting promotions or better positions.

## **Effect on Relationships with Others**

A negative attitude can hurt relationships with classmates, coworkers, and supervisors. People do not like to work with someone who is always angry or negative.

When others avoid you, you lose chances to learn, grow, and succeed. Good relationships are very important for a successful career.

### Long-Term Effects of a Negative Attitude

If a negative attitude continues for a long time, it can damage your reputation. People may remember you as a difficult or unmotivated person.

This can affect your future job opportunities. Employers often choose positive people, even if their skills are average.

## **How to Develop a Positive Attitude**

The good news is that attitude can change. Students can try to think positively and focus on solutions instead of problems. Listening to advice, managing time well, and asking for help can improve attitude.

Being thankful, staying healthy, and surrounding yourself with positive people can also help.

## **Conclusion**

A negative attitude can hurt your career more than you expect. It affects your study, relationships, and future job opportunities. By developing a positive attitude, students can improve their lives and build a successful career.

## **Questions:**

**1. What does “attitude” mean in this article?**

- A. A person’s clothes
  - B. A person’s way of thinking and behaving
  - C. A person’s age
  - D. A person’s job
- 

**2. What is a negative attitude?**

- A. Being happy all the time
  - B. Thinking positively about problems
  - C. Complaining and refusing advice
  - D. Working hard every day
- 

**3. Which of the following is an example of a negative attitude?**

- A. Asking for help
  - B. Accepting feedback
  - C. Saying “This subject is too hard” and giving up
  - D. Studying with friends
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**4. Why do some students develop a negative attitude?**

- A. Because they are lazy
  - B. Because of stress and fear of failure
  - C. Because they are successful
  - D. Because they enjoy studying
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**5. How can a negative attitude affect academic life?**

- A. It improves grades
  - B. It increases motivation
  - C. It reduces participation and learning
  - D. It helps students relax
- 

**6. How do teachers often see students with negative attitudes?**

- A. Very active
  - B. Very confident
  - C. Lazy or not interested
  - D. Very intelligent
- 

**7. Why is attitude important in the workplace?**

- A. Because employers only care about attitude
- B. Because attitude affects teamwork and performance

- C. Because skills are not important
  - D. Because attitude changes salaries
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**8. What can a negative attitude do to your career?**

- A. Help you get promotions
  - B. Improve relationships
  - C. Stop career growth
  - D. Make work easier
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**9. What is one way to develop a positive attitude?**

- A. Blaming others
  - B. Ignoring problems
  - C. Focusing on solutions
  - D. Complaining more
- 

**10. What is the main message of the article?**

- A. Skills are not important
  - B. Study life is easy
  - C. A negative attitude can hurt your career
  - D. Teachers cause negative attitudes
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