



جامعة تكريت

كلية التربية للعلوم الإنسانية

قسم اللغة الانكليزية

المرحلة الأولى

مادة الأستماع والتحدث

الفصل السادس

(مفردات الصحة, كيفية صياغة التعليمات)

-Unit 6-

Have you got a headache?



Health Vocabularies

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|------------------|------------------|
| Headache | وجع الرأس - صداع |
| Tooth ache | ألم الأسنان |
| Earache | ألم الأذن |
| Fever | حمى |
| Cold | برد-زكام |
| Cough | سعال-كحة |
| Sneeze | عطاس |
| Sore throat | ألتهاب الحنجرة |
| Stomachache | ألم المعدة |
| Allergy | حساسية |
| Asthma | ربو |
| Back pain | ألم الظهر |
| Nausea | غثيان |
| Dizziness- dizzy | دوار |

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|-----------------------|----------------------|
| Fatigue | أرهاق-تعَب |
| Insomnia | أرق |
| Bruise | كدمة |
| Sprain | ألتواء المفصل |
| Diarrhea | أسهال |
| Swollen knee | تورم الركبة |
| Sore eyes | ألتهاب العيون |
| Temperature | درجة الحرارة |
| Symptoms | أعراض |
| Medicine | علاج-دواء |
| Eye drops | قطرة العين |
| Multivitamins | الفيتامينات المتعددة |
| Cough mixture | مركب لعلاج السعال |
| Cough Lozenges | معينات السعال |
| Chemist=Pharmacy (UK) | صيدلية |
| Drugstore (USA) | صيدلية-متجر الأدوية |

| Symptoms | Remedies |
|--------------|---------------|
| Toothache | Painkillers |
| Sore throat | Lozenges |
| Swollen knee | ice |
| Sore eyes | drops |
| Cough | Cough mixture |

Speaking Strategy

1- Giving instructions

| What to do | What not to do |
|--|---|
| You should take paracetamol for your headache. | You shouldn't take it for longer than that |
| You need to take it before you cough | Don't take it when you cough |
| You should put ice on it .It will help | You mustn't take more than that |
| You should take some painkillers | Don't use the computer and put some drops in your eyes. |
| You need to take some lozenges | |

The main verb (take) is stressed in positive sentences. The negative (don't, shouldn't ,mustn't) is stressed in negative sentences.

2- Describing what something is (kind, which ,like)

- It's a kind of hot drink
- It's made with camomile , which is a herb.
- It's a bit like a large white carrot.
- You should eat some ginger.It's a bit like a herb.
- You should make hot lemon juice,which is a drink.
- You should eat mandarins .They're kind of small orange.
- You should use vapour rub.It's a bit like a cream

| | |
|--------------------------------|--------------------------|
| Hot lemon juice عصير ليمون حار | مشروب Drink |
| Mandarins يوسفي- لالانكي | Small orange برتقال صغير |
| Vapour rub بخار | Cream كريم |
| Ginger زنجبيل | Herb عشبة |

Home Remedies

| Symptoms | Remedies |
|-------------|------------------------------|
| Flu | Babunej (camomile)+ lemon |
| Sore throat | Chinese radish+honey |
| Cold or flu | Garlic +water |